



Sacramento

CENTER FOR PSYCHOTHERAPY

Sacramento Center for Psychotherapy Scholarship for International Training of Group Therapy

1. The name of scholarship

Sacramento Center for Psychotherapy Scholarship for International Training of Group Therapy

2. The title of scholar

Sacramento Center for Psychotherapy International Scholar

3. Purpose

In order to promote group psychotherapy in Japan, scholars will help organize the group psychotherapy program.

4. Program

The Sacramento Center for Psychotherapy in California, USA, offers a training program in group psychotherapy for Japanese psychotherapists and counselors. This is a hybrid program integrating online meetings with face-to-face workshops. It includes an introductory course that is equivalent to the American Group Psychotherapy Association (AGPA) core course, fulfilling the requirements for the theoretical part of becoming a Certified Group Psychotherapist (CGP), an experiential process group (4 days of f2f workshop + 20 online meetings), an advanced course (60 meetings), and a supervision group (fulfilling the requirement of 75 hours of supervision to become a CGP).

The program will open only with a minimum of 8 participants.

5. Scholarship award

Exemption from the program fee for the theoretical course (both introductory and advanced courses), process group, and supervision group.

6. Term for scholarship

From preparation phase of introductory course, advanced course, process group until end of the supervision group.



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7. Role and Obligation of Scholar

The scholar is either engaged in

- a) Language interpretation of the introductory workshops and process group, including interviews of the candidates for the process group.
- b) Liaison (coordination with various organizations, advertisement of the program, contact with participants).

8. Expected Contribution of Scholar

- a) Scholar shall conduct a peer study group of participants of the training program during the program on a monthly basis in order to deepen the understanding of course work for participants. The peer study group will read articles for courses and provide peer support for conducting participants' own groups.
- b) Scholar shall present at domestic and international conferences (at their own expense) regarding psychotherapy and group psychotherapy during or after the program with consultation from Dr. Weinberg / Sacramento Center of Psychotherapy.

9. Scholarship Committee

Dr. Kaoru Nishimura, Dr. Martha Gilmore, Dr. Robi Friedman, Dr. Haim Weinberg.