

# GROUP THERAPY TRAINING PROGRAM in South East Asia: Introductory Course



Sacramento  
CENTER FOR PSYCHOTHERAPY

The Sacramento Center for Psychotherapy in California, USA, offers a training program in group psychotherapy for South East Asian psychotherapists and counselors. This is a hybrid program integrating online meetings with face-to-face workshops. It includes an introductory course (12 online meetings) that is equivalent to the American Group Psychotherapy Association (AGPA) core course, fulfilling the requirements for the theoretical part for becoming a Certified Group Psychotherapist (CGP), an experiential process group (4 days of f2f workshop + 20 online meetings. See below), an advanced course (60 meetings) and a supervision group (fulfilling the requirement of 75 hours of supervision to become a CGP).

The Sacramento Center for Psychotherapy in California is approved by the American Psychological Association (APA) to sponsor Continuing Education.

## COURSE OBJECTIVES

In this course you will:

- \*Learn basic concepts and terms in group process
- \*Develop knowledge in theories of group therapy
- \*Understand stages in group development
- \*Compare different approaches to group therapy
- \*Discuss the tasks of the group leader
- \*Identify resistance, transference, countertransference in groups
- \*Learn about different kinds of groups



**Questions?  
Ready to enroll?**

Please contact Dr. Haim Weinberg at  
[haimw@group-psychotherapy.com](mailto:haimw@group-psychotherapy.com)

# COURSE DESCRIPTION

This course will focus on basic concepts and theories in group therapy, Foundations of Group Therapy, The Group Leader, Group Dynamics and Group Process and the Change Process in Groups. It will cover concepts such as the here-and-now, content vs. process, boundaries, resistance, regression, transference and countertransference in groups. In addition, we will discuss theories of group developmental stages, the tasks of the group therapist and different roles of group members. We will briefly touch different approaches to groups and kinds of groups.

This course fulfills the 12 hour theory required to become a Certified Group Psychotherapist (CGP) by the American Group Psychotherapy Association.

## INSTRUCTOR:



Haim Weinberg, PhD, is an internationally renowned clinical psychologist and group psychotherapist. He is a group analyst and Certified Group Psychotherapist in private practice in Sacramento, California. He is the past President of the Israeli Association of Group Psychotherapy and of the Northern California Group Psychotherapy Society (NCGPS).

Dr. Weinberg was the Director of International Programs at the Professional School of Psychology in which he created and coordinated an online doctoral program in group psychotherapy, with cohorts of students in SE Asia. He co-edits a series of books about the social unconscious, wrote a book on Internet groups and co-authored a book on Fairy Tales and the social unconscious.

Colleagues from SE Asia, who studied group therapy with Dr. Weinberg will lead some reading meetings.

*Early bird discount of 10% will be given to those enrolling for the introductory course and for the 2 days of f2f process group (9-10 January 2019) by the end of October 2018 (USD 1012 instead of 1125). 15% discount will be applicable to those paying the total amount of the introductory course and the entire process group by the end of October 2018 (USD 2252 instead of 2650).*

Questions? Ready to enroll? Please contact Dr. Haim Weinberg at [haimw@group-psychotherapy.com](mailto:haimw@group-psychotherapy.com).



## PRE-REQUISITE:

Minimum Undergraduate degree/Master's degree in any discipline (Preference will be given to those who have additional degree/diploma/certificate in Psychology, Psychotherapy, Psychoanalysis, Play therapy or Art therapy and have 1-2 years of clinical experience of working with clients).

## STRUCTURE:

Two days of intensive f2f workshop (7-8 January 2019) in Singapore or Jakarta, The group will be open only with a minimum of 8 participants.

## CERTIFICATE:

will be given by the Sacramento Center of Psychotherapy to those completing the entire course.

## FEE:

For the 2 days – **USD 600**, paid by the end of November 2018.