

GROUP THERAPY TRAINING PROGRAM in South East Asia: Process Group

The Sacramento Center for Psychotherapy in California, USA, offers a training program in group psychotherapy for South East Asian psychotherapists and counselors. This is a hybrid program integrating online meetings with face-to-face workshops. It includes an introductory course (12 online meetings) that is equivalent to the American Group Psychotherapy Association (AGPA) core course, fulfilling the requirements for the theoretical part for becoming a Certified Group Psychotherapist (CGP), an experiential process group (4 days of f2f workshop + 20 online meetings. See below), an advanced course (60 meetings) and a supervision group (fulfilling the requirement of 75 hours of supervision to become a CGP).

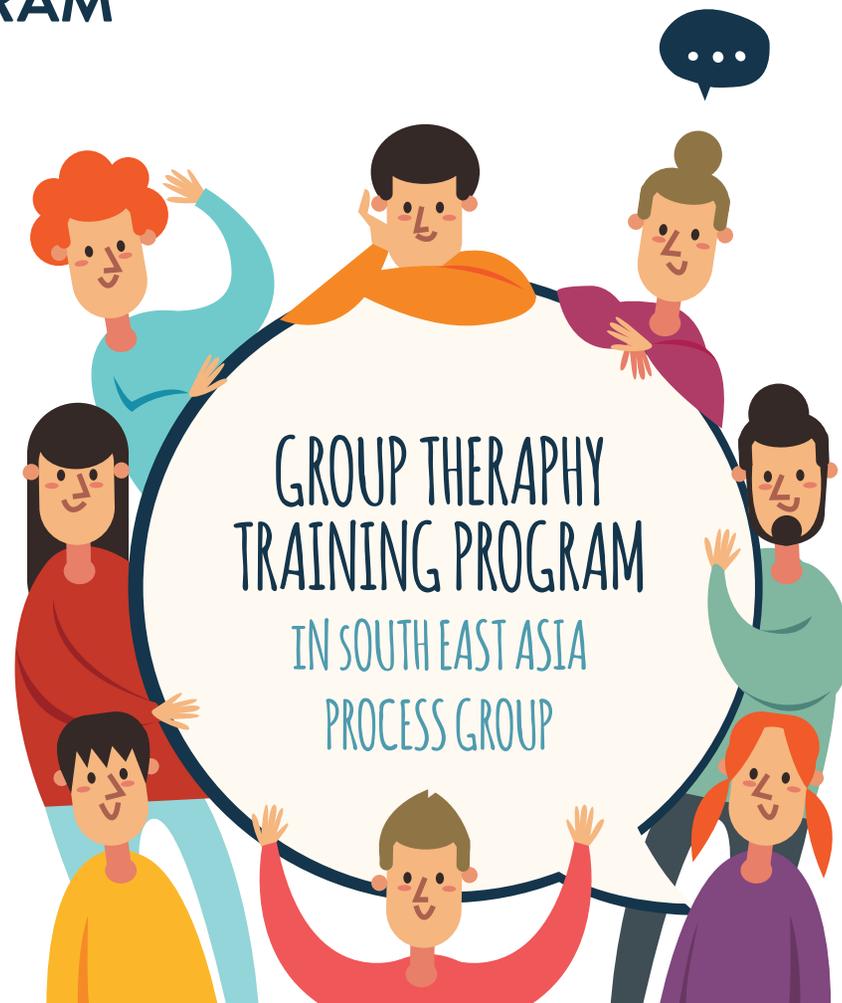
The Sacramento Center for Psychotherapy in California is approved by the American Psychological Association (APA), to sponsor Continuing Education.

Process Group

Participation in group allows you to experience the member role, learn about the leader role, and understand the group as a powerful social system. In a process group you can learn about your communication style, group dynamics, and the roles you take inter-personally. Being a group member is an essential part of training in group psychotherapy. A process group is not a therapy group, although it can have a therapeutic impact on the members.

In this group, you will learn to:

- Identify your role in the group
- Define and apply the concepts of transference and resistance
- Identify stages of group development
- Recognize leader interventions that enhance group development
- Apply your experience to leading your therapy groups
- Learn how to deal with interpersonal conflicts



**Questions?
Ready to enroll?**

Please contact Dr. Haim Weinberg at
haimw@group-psychotherapy.com

GROUP THERAPY TRAINING PROGRAM in South East Asia: **Process Group**

Process Group Leader:



Haim Weinberg, PhD, is an internationally renowned clinical psychologist and group psychotherapist. He is a group analyst and Certified Group Psychotherapist in private practice in Sacramento, California. He is the past President of the Israeli Association of Group Psychotherapy and of the Northern California Group Psychotherapy Society (NCGPS).

Dr. Weinberg was the Director of International Programs at the Professional School of Psychology in which he created and coordinated an online doctoral program in group psychotherapy, with cohorts of students in SE Asia. He co-edits a series of books about the social unconscious, wrote a book on Internet groups and co-authored a book on Fairy Tales and the social unconscious.

Colleagues from SE Asia, who studied group therapy with Dr. Weinberg will co-lead the group with him.

Pre-requisite:

Open to any therapist (minimum undergraduate/Master's degree in any discipline) who is interested in self growth or in groups. Colleagues who finished the introductory course or want to join the next one will have priority in joining this group. We also welcome colleagues who just want to experience the process.

Structure:

Start with two days of intensive f2f workshop (6-7 January 2019) in Singapore or Jakarta, continue with 20 online sessions (90 minutes each, between January and November 2019) every other week and end with another 2 days of f2f workshop in Singapore or Jakarta, in December 2019 or January 2020.

The group will be open only with a minimum of 8 participants. The group will consist of no more than 12 members.



Sacramento
CENTER FOR PSYCHOTHERAPY

Certificate:

of attending the process group will be given by the Sacramento Center of Psychotherapy to those completing the entire process group.

Fee:

For each f2f workshop of 2 days – USD 525.

For 20 Online sessions – USD 1000 (\$850 if we have 10 members).

Total cost of process group – USD 2050 (1900 in case of 10 members).

Can be paid in batches (525 before the first f2f workshop by the end of November 2018, 1000 before the online meetings by the end of December 2018, 525 before the second f2f workshop by the end of November 2019).

Process Group	8-9pax	10-12pax	Pay by
2-day F2F (9-10 Jan2019)	525	525	30-Nov-18
20 weekly online (Jan-Nov)	1000	850	30-Nov-18
Subtotal	1525	1375	
2-day F2F (Dec2019)	525	525	30-Nov-19
Total	2050	1900	
Early Bird Discount			Discount
If pay 1+2 by 30 Oct	1370	1237.5	10%
If pay 1+2+3 by 30 Oct	1740	1615	15%

Early bird discount of 10% will be given to those enrolling for the introductory course and for the 2 days of f2f process group (9-10 January 2019) by the end of October 2018 (USD 1012 instead of 1125). 15% discount will be applicable to those paying the total amount of the introductory course and the entire process group by the end of October 2018 (USD 2252 instead of 2650).

Questions? Ready to enroll? Please contact Dr. Haim Weinberg at haimw@group-psychotherapy.com.