



# Sacramento

CENTER FOR PSYCHOTHERAPY

WITH

**HAIM WEINBERG, PhD, CGP, FAGPA, and  
MARTHA GILMORE, PhD, CGP, FAGPA**  
PRESENTING

**Sat & Sun  
Feb 3 & 4  
2018**

9 am-4:30 pm  
Davis, CA

## Experiencing Relational Group Psychotherapy

**There are 11 openings for mental health professionals and students for this 2-day institute with a combination of experiential & didactic group process.**

**Objectives:**

The attendee will be able to:

1. Recognize their own and the other members' subjective experience.
2. Focus on relational issues in group psychotherapy.
3. Use relational/intersubjectively-informed interventions in groups.
4. Work with enactments and reparations in group therapy.
5. Accept and utilize their limitations as group therapists.
6. Learn about the group therapist limitations.
7. Understand the meaning of being relational

**Description/  
Course  
Content:**

Relational approaches emphasize the emergence of multiple self-states and the occurrence of enactment in therapy. They suggest that in every meeting there are two subjective experiences that meet. This approach emphasizes enactment instead of interpretation and co-construction instead of transference/counter-transference. The interpersonal field becomes even more complex in group therapy.

The participants will experience the difficulty of acknowledging other members' different experiences and the challenge of working with enactments and finding reparation. We will explore the necessary flexibility of moving between self-states as well as deal with the therapists' limitations and their impact on the group. Discovering one's self-states, acknowledging the experience of the other and experiencing the "gaps" within and between participants are themes to be addressed.

This Institute is heavily experiential. The format provides an opportunity for in-depth study of the relational perspective through experiencing membership in a process group. It includes both self-reflective examination and didactic discussion of personal group experience. The institute is not psychotherapy, though participants can expect to gain considerable personal knowledge and insight.



**Haim Weinberg, PhD, CGP, FAGPA** is a licensed psychologist, group analyst and Certified Group Psychotherapist with the Sacramento Center for Psychotherapy in Sacramento, California. He is the past President of the Israeli Association of Group Psychotherapy and of the Northern California Group Psychotherapy Society (NCGPS) and a Fellow of the American Group Psychotherapy Association. As Academic Vice-President of the Professional School of Psychology he created and coordinated an online doctoral program in group psychotherapy. He wrote *The Paradox of Internet Groups: Alone in the Presence of Virtual Others* and co-edits a series of books about the social unconscious. His most recent book is *Fairy Tales and the Social Unconscious: The Hidden Language*.



**Martha Gilmore, PhD, CGP, FAGPA** is a licensed psychologist and Certified Group Psychotherapist with the Sacramento Center for Psychotherapy in Davis and Sacramento, California. She has over thirty years of experience conducting psychotherapy groups and extensive experience in the training and supervision of group psychotherapy at local, national, and international levels. She is a Fellow of the American Group Psychotherapy Association and Clinical Professor at the UC Davis Department of Psychiatry & Behavioral Science. She is a frequent presenter at AGPA and international meetings and current Co-Chair of the Annual Meeting Committee of AGPA. Her areas of specialty include relational individual, couple & group psychotherapy, trauma, and loss.

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*If interested in attending or for more information, please contact:*

**Haim Weinberg: haimw@group-psychotherapy.com 916-212-6424**

*To secure a place, send a check, payable to SCP to:*

**Sacramento Center for Psychotherapy,  
1621 Oak Ave., Suite B, Davis, CA 95616**

*Include your name, address, phone, email, and mental health discipline. You can also email Martha Gilmore at marthagilmorephd@gmail.com with the information or sign up online at [sacramentocenterforpsychotherapy.com](http://sacramentocenterforpsychotherapy.com).*

**Fee:**

\$260 before Jan. 3

and

\$280 after.

Accepting the first 11 registrants ONLY.